

“My Cup Overflows”

(Psalm 23:1-6)

Psalm 23 has to be by far the most known and beloved psalm today. It is a chapter that many have memorized from the time they are young.

When exactly did David pen this psalm?

- Maybe as he was fleeing Jerusalem because his son Absalom was trying to usurp the throne of Israel (2 Samuel 15)?
- Maybe during one of the occasions when Saul was trying to kill him (1 Samuel 19-27)?
- Maybe while he was grieving the loss of the child born to him after committing adultery with Bathsheba (2 Samuel 12:14)?

There are several things that stand out from this psalm. There is David’s clear familiarity with being a shepherd (Psalm 23:1-3). There is David’s confidence and trust in God (Psalm 23:3-5a). There is also David’s gratitude for all of God’s blessings in his life. In fact, this gratitude is summed up in the words, “My cup overflows” (Psalm 23:5b). Even though David may have been going through a rough moment in life, he knew he was still immensely blessed by God. If his life were a cup and his blessings were water, then the water would be overflowing the cup!

What blessings were David thankful for?

I. Knowing the Lord (Psalm 23:1a)

- A. David knew that Lord was his shepherd.
 1. The Lord did for him everything a shepherd is supposed to do.
 2. Throughout the Psalms gives thanks for his relationship with God and being able to truly know Him (Psalm 9:1-2; 18:1-2; 21:1).
- B. Are we just as thankful for the same blessing? See John 10:11; Ephesians 1:3-8.

II. God’s blessings (Psalm 23:1b)

- A. David knew that God always takes care of him
 1. David knew that God would always make sure he made the necessities of life.
 2. A great example of this can be seen in 2 Samuel 17:28-29.
- B. Are we just as thankful for the same blessing? See 1 Timothy 6:8, 17; Colossians 4:2.

III. For what awaited him in the future (Psalm 23:6)

- A. David looked forward to being in the eternal presence of God.
 1. Here David is looking forward to heaven.
 2. He is thankful for the opportunity to one day live with God in His house forever.
- B. Are we just as thankful for the same blessing? See 1 Peter 1:3-5; Matthew 6:19-21.

Conclusion: David’s cup truly overflowed. Ours does as well !